



**National**  
UNIVERSITY  
Resources  
& Perks

December 2022

# NU Resources and Perks for Part-Time Faculty

NU offers many perks and resources that part-time faculty members can take advantage of, including:

- 403(b) Plan participation
- Life Assistance Program (LAP)
- A variety of discounts through several third-party providers
- Access to all the holdings in the NU library
- Education Benefits (Tuition Waiver)

## Life Assistance Program (LAP)

There are times in all our lives when we need a little help. No matter what the issue is, New York Life Group Benefit Solutions (NYL GBS) Life Assistance Program (LAP) is available to provide virtual counseling, support, and resources for NU faculty.

To learn more, download the [Life Assistance Program Flyer](#), or call 800.538.3543. Visit the [New York Life](#) website today to explore more benefits.

- Assistance for you or household members
- Up to three in-person counseling sessions per presenting issue, per calendar year
- 24/7 telephone and web access
- Marriage, relationship, and family problems
- Problems at work
- Stress and anxiety
- Alcohol and drug dependency
- Health and wellness concerns
- Legal services
- Financial services
- Childcare and eldercare services
- Identity theft recovery services
- Daily living services

## Survivor Assurance

At New York Life Group Benefit Solutions (NYL GBS), we know losing a loved one is difficult. And we understand how challenging it can be for beneficiaries to manage their loved one's insurance benefits among other pressures during such a difficult time. That's why we offer NYL GBS Survivor Assurance with NYL GBS Life and Accidental Death and Dismemberment (AD&D) plans. This program provides support for beneficiaries when they need it most, including:

- A free, interest-bearing account for claim payments of \$5,000 or more.
- Account balances and activity can be managed 24/7 at

<http://www.nylgbssurvivorassurance.com/>

[Download this brochure for details.](#)



## Education Benefits (Tuition Waiver)

NU and NUS provide the opportunity for all employees to enroll in programs offered by NU and other Affiliates of National University System with a tuition waiver following 6 months of continuous employment. Part-time employees and their eligible dependents are eligible for 25% tuition waiver for degree and non-degree academic courses. Course books, materials, graduation, and other related fees must be paid out of pocket.

### Taxation:

The waived portion of tuition fees for education at the graduate level is considered by the IRS to be a taxable fringe benefit. Therefore, the waiver amount is subject to withholding, and must be included in gross income that is reported to the IRS. Please consult with your tax advisor to best determine treatment on your tax return.

## Sprint Perks - Educator Discount Program

Sprint offers NU faculty and staff a special opportunity to SAVE 19% on select regularly priced Sprint monthly data service. Both new and current customers can take advantage of these savings. Visit <https://businesssolutions.sprint.com/save> for more information.

## Verizon Discounts

Verizon offers great monthly discounts for educators working at NU. Visit <https://www.verizonwireless.com/discount-program/> for more information.

## Personal Finance Resources

My Secure Advantage is a full-service financial wellness program available from Cigna at no cost to NU faculty and staff. Services include:

- Free 30-minute consultation with a financial expert
- Money Coaching services free for 30 days
- 25% discount on tax planning and preparation
- Identity theft protection
- Online support for creating and executing legal documents (wills, power of attorney, etc.)
- Free 30-minute legal consultation for advice/legal document review

[Download this brochure for details.](#)

## Travel Assistance

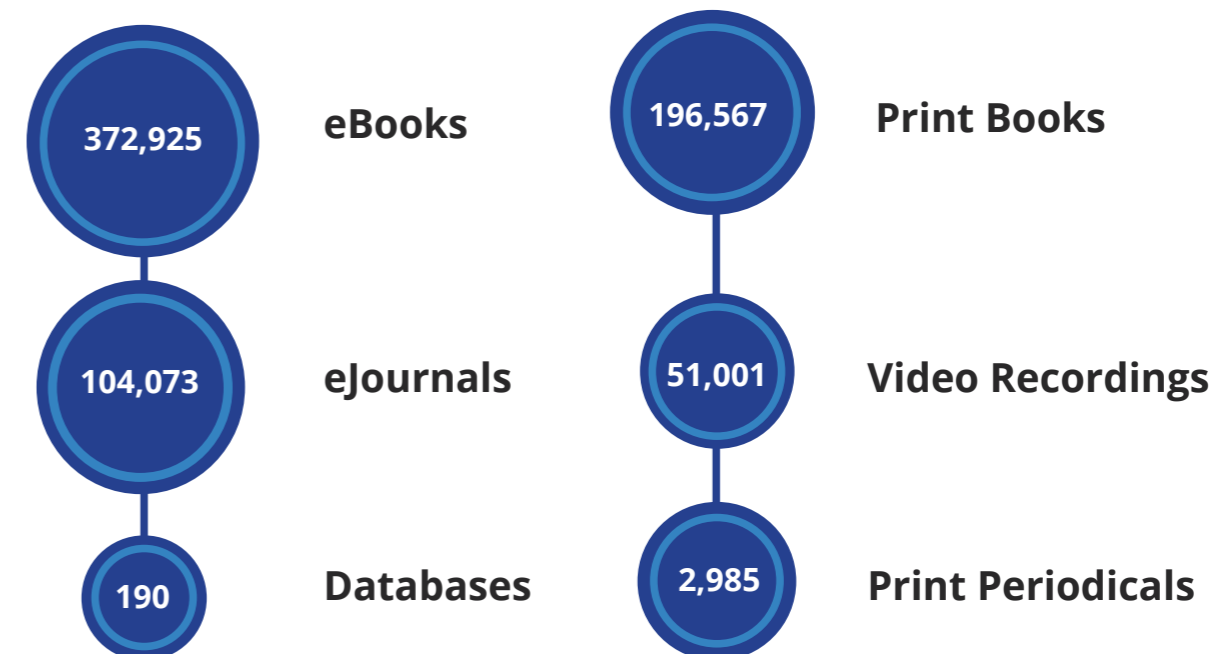
National University faculty have around-the-clock access to travel protection services through Cigna Secure Travel to support you if you experience an emergency while traveling. Whether you need help with an illness or injury, a lost passport, or even a prescription refill, you and your dependents have access to this service. Download this [brochure](#) for details.





## National University Library

By accessing our Library, all faculty can access our holdings\*, which include:



### Additional available Library Services include:

- InterLibrary Loan Services
- Librarian Research Consultations – [Click here to schedule a consultation.](#)
- Weekly workshops
- 1:1 Writing Center Consultations – [Click here to schedule an appointment.](#)

\*Holdings are subject to change as content is added or removed – updated 7/2/2019



### Pet Insurance offered through Nationwide

- [Pet Insurance Open Enrollment](#)
- [Pet Insurance Help Line](#)
- [Pet Insurance My Pet Plans](#)
- [Pet Insurance Avian and Exotic Plan](#)

### Acupuncture & Herbology

Receive a 20% discount at the Acupuncture Center of La Jolla. [Click here for the brochure.](#)

### YMCA

Waived joiner's fee and 50% reduced monthly cost for faculty, staff, and active students (in San Diego ONLY). [Click here for more information.](#)

### Rocket Mortgage

As an NU faculty or staff member, you can save \$2,000 on closing costs and more with Rocket Mortgage! [Click here for more information.](#) Visit the benefits website for the latest exclusive offering/specials, <https://benefits.nu.edu/perks>

# National University 403(b) Retirement Account

## Who Can Participate?

Part-time faculty are eligible to participate in the 403(b) plan upon hire, if you are at least 18 years old .

## How do you enroll in the plan?

Contact the Benefits Department at [hradmin@nu.edu](mailto:hradmin@nu.edu) or 858-642-8199 for enrollment information.

[Click here to learn more about your 403\(b\) plan.](#)

## How Much Can You Contribute?

- Maximum contribution for 2023 is \$22,500
- Catch-up is \$7,500

## Matching Contributions

NU will match your contributions once you have been with the University for one year, working a minimum of 1000 hours within that year.

If you contribute...	NU will contribute an additional...
1% of your pay	2%
2% of your pay	3%
3% of your pay	4%
4% of your pay	5%
5% of your pay	6%
6% of your pay	7%

## Use TIAA's personalized planning and advice:

Our approach to investing—in 3 simple steps:

### 1 Get to Know You

You'll tell us things like:

- When you plan to retire
- Any other savings or income sources
- How much risk you're comfortable with

### 2 Propose an Investment Strategy that Fits You

We'll propose an investment plan to fit your:

- Personal needs
- Long-term goals
- Total financial picture

### 3 Provide Ongoing Monitoring and Adjustments

We'll watch over your account—and update your plans as needed—by:

- Staying on top of the markets
- Adjusting your model portfolio, as needed
- Checking in for a strategic review to confirm the strategy is still right for you

For more information, see the Benefits website at [benefits.nu.edu](https://benefits.nu.edu).

